



**School Lane Campus School Lane, Skelmersdale, Lancashire, WN8 8EH**

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*Head teacher: Mrs Sarah-Jane Whiteside, **Bed (Hons)***

Friday 5<sup>th</sup> June 2026

Dear Parents/Carers

At Brookfield park, we are committed to providing high-quality Personal, Social, Health and Economic (PSHE) education that supports your child's development and wellbeing throughout their time with us.

We are currently reviewing our PSHE curriculum in line with the DfE's updated statutory guidance for Relationships, Sex and Health Education (published 2025, for implementation from September 2026).

This is a positive opportunity to bring our curriculum content up to date in a changing world, whilst maintaining our age appropriate focus on the core knowledge and essential skills that children need to navigate different aspects of their lives with confidence both in and beyond primary school.

In our school, we use the PSHE Association as our comprehensive scheme of work. The programme consists of six half-term units which can be seen on the scheme of work page. Each unit contains lessons that build progressively through the school, developing children's emotional literacy, self-esteem, resilience and understanding of how to build positive, healthy relationships. The updated guidance enhances the scheme that we already know and trust, rather than requiring radical changes. The strong foundations remain the same. We continue to focus on building the fundamental skills and knowledge children need, whilst ensuring our content reflects the world they are growing up in.

During the Summer 2 term (commencing 03/06/26), pupils in Years 2, 4 and 6 will be introduced to using the correct anatomical names for genitalia. Using accurate terminology helps children develop a clear understanding of their bodies and supports their ability to communicate confidently and safely. Pupils will also learn about personal boundaries, consent, and the difference between appropriate and inappropriate touch and exposure of these areas. These lessons are designed to help children understand how to keep themselves safe, recognise when something does not feel right, and know how to seek help from trusted adults. This learning provides a foundation for understanding physical and emotional development and, for older pupils in Key Stage 2, will support future learning about puberty and the changes they can expect as they get older. All content will be taught in a sensitive, age-appropriate manner.

As part of our review, we are also considering how we adapt the programme content to best suit the needs and context of our school community. We believe that PSHE education is most effective when schools and families work together. Your child's wellbeing, safety and personal development are at the heart of everything we do, and we value your input. During September you will be invited to a meeting to discuss all of the above information and also to air your concerns, should you have them, about your child receiving sex education in school. Please be mindful that this relates to naming body parts and the changes that happen to their bodies during puberty. They study things they really need to know, not least the start of menstruation and what help is available to them in school;

- Friendships and families
- Online safety
- Respecting others
- Privacy and boundaries

- Basic puberty education (Usually beginning in Y6 although naming body parts correctly should begin in Ks1 and puberty beginning Y4, (stated in the new RSE Policy September 2026))

The information surrounding reproduction etc is a separate unit undertaken in Secondary school ages 11-16. It is then that they will learn more about;

- Puberty and reproduction
- Contraception
- Consent
- Sexual health
- Pregnancy
- Healthy and unhealthy relationships
- Online and media influences

Please get in touch with any questions you may have in the meantime, including any help you feel your child may need with regards to the RSE curriculum.

Thank you

Mrs Clare Palin

PSHE lead