

## PSHE Curriculum Statement

### Intent

PSHE (Personal, Social, Health and Economic) education is a crucial part of a child's education. It gives children access to critical information about themselves and the many facets of the diverse world around them. At Brookfield Park Primary School we provide a specifically tailored curriculum that is both broad and balanced, and meets the unique context of our school. We give pupils access to big ideas and conversations, alongside practical experiences..

We aim to promote children's knowledge, self esteem, emotional wellbeing and resilience, and to help them to form and maintain worthwhile and positive relationships. Children will be taught to have respect for themselves, and for others, within our local, national and global communities.

We aim to develop key character skills, including decision making, informed risk taking, good communication, and self-regulation strategies. We encourage the exploration of, and respect for, values held by different cultures and groups within our local community, and promote the development of positive attitudes. We encourage honesty and respect in all relationships, and nurture sensitivity to the needs and feelings of others.

We aim to enable children to develop a deepening knowledge of their health and wellbeing, including their mental and physical health. We aim to equip children and young people with information, skills and values to understand and to be able to cope with the physical and emotional changes that happen during puberty. The information provided will be relevant and appropriate to the age and maturity of pupils.

At Brookfield Park, we aim to prepare pupils adequately for adult life: its decisions, responsibilities, experiences and opportunities, and to allow pupils to develop fully as emotional mature human beings.

### Implementation

PSHE is taught by class teachers in Years 1-6. Some PSHE topics are taught within other subjects, especially Computing, Maths and Science, for example the teaching of e-safety within Computing lessons. These specific topics may be taught by teachers other than the class teacher. The curriculum is based on the frameworks of the National Curriculum, and the PSHE Association. Brookfield Park's curriculum has also been developed to meet the specific needs of our diverse learners and their communities, and support the many aspects of their personal development.

The PSHE curriculum is split into the three key themes of **Health and Wellbeing**, **Relationships** and **Living in the Wider World**. These three themes have equal weighting and importance within teaching, and topics are taught on a bespoke basis. Topics are

revisited across year groups, and understanding is deepened. This allows for progression and retention of key skills and knowledge, and also the introduction of some concepts at an age-appropriate point.

These topics are bespoke so that teachers can teach their year-group in PSHE, according to their group dynamic, time of year etc.

PSHE education will be provided to all children within our school. Children with SEND will be supported to access health, relationships and sex education through high-quality, teacher-led quality first teaching, following the guidance of the SEND code of practice. Teaching will be differentiated and personalised to suit their individual context.

PSHE education will be taught on a weekly discrete basis, with some content also being taught through other subject areas, and within other contexts, such as assemblies, 'circle time' for example. A taught session may look very different in one year group to the next - class teachers have discretion to plan and deliver teaching that suits the individual needs of their class, whilst ensuring that all curriculum content is covered effectively. There is no expectation that children complete formal written recording of teaching, although some form of recording is encouraged. Additionally, classes may be encouraged to make an artistic response, or complete a more traditional written task. Some lessons may be talk based and have no written outcome at all.

Assessment is essential to the effective teaching of PSHE. The learning we wish to assess will relate to the pupils' attributes and skills, as well as their knowledge and understanding related to the topic. Pupils' existing knowledge and understanding is often the easiest learning to assess but whilst gauging pupils' existing skills, strategies, attitudes, beliefs and attributes can never be an exact science, there are activities that provide an insight into their starting point. Assessment in this subject can be carried out at base and endline of the session or the unit.

Although PSHE outcomes can be considered very subjective, they can be compared within year-groups, and also across different year groups and phases. Long-term monitoring is also being carried out: sample groups of pupils in each year group will be chosen and their thoughts and ideas recorded. This gives the subject leadership team an insight into pupils' journeys through school, observing progression and development of skills and understanding. Leaders will also hold regular conversations with staff, providing an open forum for sharing ideas, questions or concerns. These conversations are used to inform the subject leaders if statutory curriculum content has been covered, how pupils feel about their own learning, and what areas need to be developed or prioritised in future.

Brookfield Park Primary School works closely with parents and carers, and we believe strongly in the central role of strong, positive home-school communication. PSHE education should not be left to chance and is a responsibility shared with parents / carers and families. Parents will be informed and supported by staff through written communication from teaching staff, outlining the structure and content of the curriculum. This communication will be standardised across the school. Parents have the right to withdraw their child from sex education, but **not** from health or relationships education. In the situation where children are

withdrawn from sex education, the school will find alternative internal provision for that child. Parents wishing to withdraw their child from all or part of sex education should contact the headteacher at the first instance.

### Impact

The impact of a good PSHE education cannot be understated. Quite simply, it forms the preparation for adult life, enabling a child to understand and face the challenges, complexities and questions that arise in a diverse world.

Impact can be measured in a variety of ways. At Brookfield Park, we recognise and celebrate the importance of the child's voice, and their individual experience of PSHE education and pupil voice, are how we measure the impact of our teaching.

The skills that children will develop will include, but are not limited to:

- An understanding of their inherent, indivisible, unconditional and universal rights, and how these rights can and should be protected
- An understanding of our diverse and complex world, and an empathy and respect for the rights of all individuals
- Positive and constructive communication, with highly developed oracy skills
- Resilience and self-regulation, and a keen understanding of their own health and wellbeing, especially supporting their mental and emotional development
- Risk management and balanced decision making, within the context of a changing and challenging world

These skills are transferable to all other areas of the curriculum, and will help children to understand these areas in new ways.