

This activity booklet is also an answer booklet for a **GIANT Activity Mat** - you could get all these activities and more each month through your letterbox.



Activity Booklet

Music

Ages
5 - 7



Count the Beats

In music, there are notes and beats. The beat is the basic unit of time. The notes show the musician how long the note is played for and the pitch to play. This is how the names, notes and beats are commonly written:




crotchet
 **1**

dotted minim
 **3**

minim
 **2**


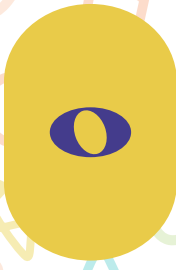

semibreve
 **4**

quaver
 **5**


semiquaver
 **6**

Using this information, can you solve the puzzles below?

1.  +  = 

2.  of  = 

3.  +  = 

crotchet
 **1**

dotted minim
 **3**


minim
 **2**

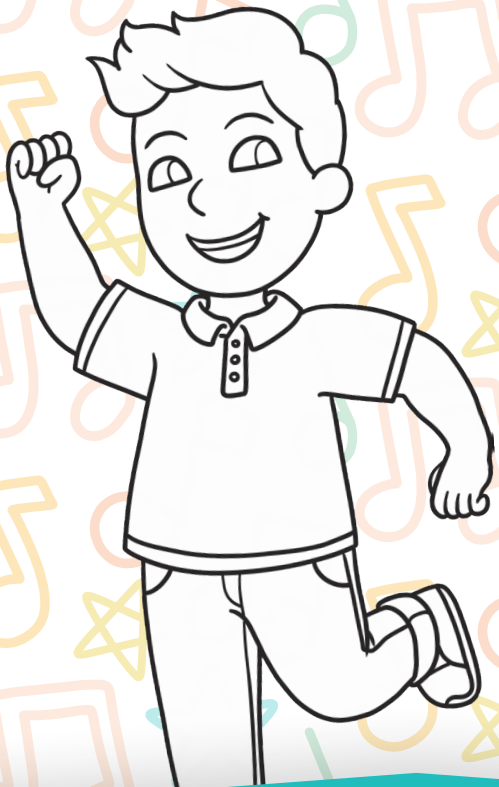
semibreve
 **4**

quaver
 **5**

semiquaver
 **6**

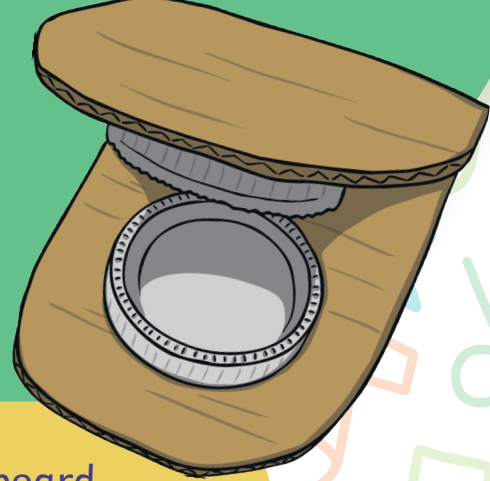
4.  +  +  = 

5.  of  = 



Clicking Castanets

Get creative in more ways than one with this simple, upcycling craft, which will also help your fingers get really strong!



1. Cut two long rectangles from some strong cardboard, then fold them in half.

2. Trim the edges so they are curved.

3. Glue a plastic bottle top (from milk or plastic bottle) inside the cardboard so that, when the cardboard is squeezed together, they make a clicking sound - like a castanet!

4. Decorate the outside of your castanets.

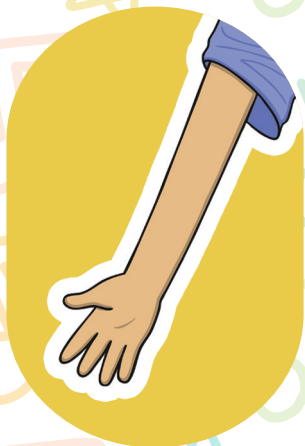
5. Can you experiment with how fast and slow you play your castanets?



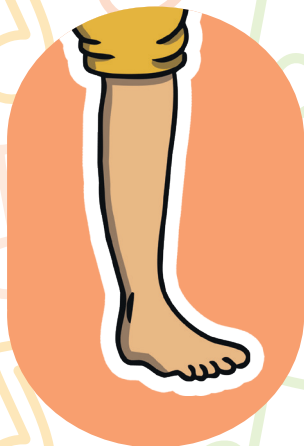
Dance It Out!

Roll a dice to see which body part you have to dance with in this fun dance game. Put on a song and dance it out as creatively as you can! Roll the dice twice or more to combine body parts to dance with.

1 = arms



2 = legs



3 = head



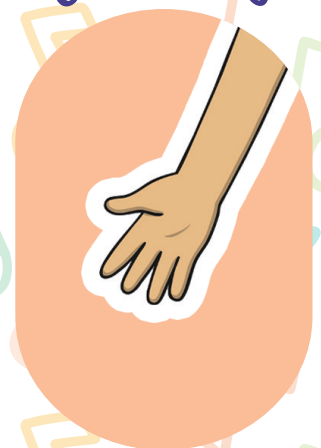
4 = feet



5 = hips



6 = hands



Unscramble the Song Lyrics

Put the song lyrics back in the right order.

Gently

your

row,

you

scream!

down

to

stream,

crocodile,

boat,

Don't

row,

see

Row,

a

If

the

forget



Musical Match

Read the descriptions of how to play the different instruments and match with the pictures.



Blow into and use fingers to change notes



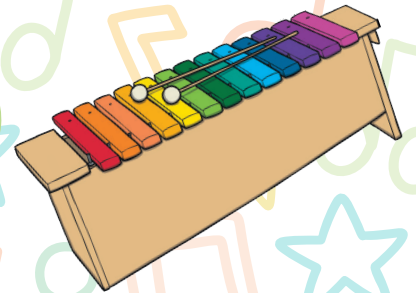
Bang with hand or shake



Tap metal keys with sticks



Bang with sticks or pedal



Use bow to play

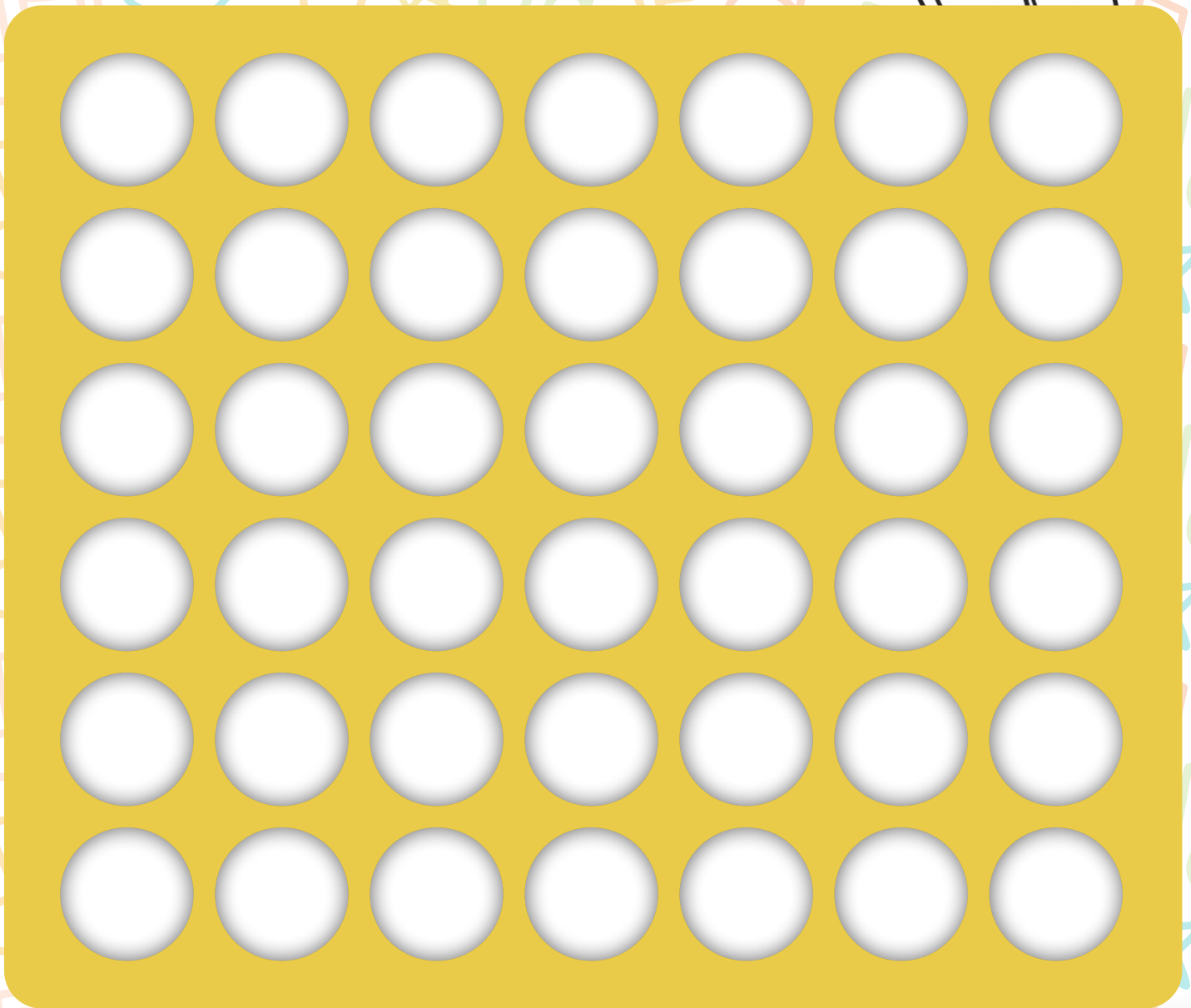


Use fingers and plectrum

Four in a Row

Use some counters, coins or small blocks, taking it in turns to place your counters in the spaces on the board (starting from the bottom). The first person to get four counters in a row (in any direction) is the winner!

Did you know that four beats per bar is the most common time signature in music?



Calm Time

Enjoy some mindful colouring whilst you listen to some music.



Patterns and Sounds

Musicians read music and follow the patterns to make sounds. Follow the patterns below with any instrument you have, practising changing how loud and quiet you can play.

Big circles = loud sounds

Small circles = quiet sounds

Can you change the pattern? Perhaps the big circles could mean you play fast and the small circles mean you play slowly.

